



COMMUNITY HEALTH IMPROVEMENT PLAN

Liberty County, Florida

June 2013–2018
Revised October 2015



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Disclaimer

While statistics and data for the indicators were, to the best of the author's knowledge, current as the Community Health Improvement Plan Report 2013 - 2018 was drafted, there may be subsequent data and developments, including recent legislative actions, that could alter the information provided herein.

This report does not include statistical tests for significance and does not constitute medical advice. Individuals with health problems should consult an appropriate health care provider. This report does not constitute legal advice.

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Liberty County Community Health Improvement Plan

EXECUTIVE SUMMARY

Building a healthier Liberty County began as a community-wide initiative with the goal of establishing an ongoing process



for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Liberty County residents. The Public Health Accreditation Board defines a Community Health Improvement Plan (CHIP) as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.” A CHIP can be used by health departments, as well as other government, education, or human service agencies, to coordinate efforts and target resources that promote health.

A CHIP serves to address health issues, roles, and common goals and objectives throughout the community. The plan can be used to guide action and monitor and measure progress toward achievement of goals and objectives. The plan, along with a Community Health Assessment (CHA), can be utilized as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

HEALTH PRIORITIES AND RECOMMENDATIONS

Liberty county community health partners identified two key issues – Education and Obesity - and developed recommendations and action steps. It is recommended the Community Health Action Plans be incorporated into the work of the Florida Department of Health in Liberty County, existing community groups, and health care partners.

HEALTH PRIORITY I: EDUCATION

Goal: Increase high school graduation rate in Liberty County.

Objective 1: Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.

Strategy 1: Host high school career fair and encourage the development of relationships with career mentors.

HEALTH PRIORITY II: OBESITY

Goal: Decrease obesity in Liberty County.

Objective 1: Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2016.

Strategy 1: Develop community nutrition activities/education.

Objective 2: Decrease percentage of high school students reporting BMI at or above the 95th percentile by 5% from 15.1 to 10.1% by June 30, 2016.

Strategy 1: Establish Comprehensive Physical Education Program in schools.

Objective 3: Increase fruit and vegetable intake in high school students by 10% by June 30, 2016.

Strategy 1: Establish nutrition education in the comprehensive Physical Education Program.

Objective 4: Increase percentage of adults who meet moderate activity by 5% from 28.7 to 33.7 by June 30, 2016.

Strategy 1: Develop community physical fitness activities.

Goal: Reduce risky behaviors in youth in Liberty County.

Objective 1: Reduce teen pregnancy rates from 34.0 to 31.0 per 1000 females ages 15-19.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

INTRODUCTION

The health status of a community plays a large role in social and economic prosperity, hence it is important that a community strives to continually improve and maintain its health.

Government agencies (city, county, state) may provide health services; however, successful health programs require an active partnership between all community agencies.

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities and the community health improvement process. The resulting Community Health Improvement Plan is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources. A CHIP is critical for developing policies and defining actions to target efforts that promote health.



It defines the vision for the health of the community through a collaborative process and addresses the strengths, weaknesses, challenges, and opportunities that exist in the community in order to improve the health status of that community.

The Florida Department of Health in Liberty County, working with community health partners, initiated community-wide strategic planning for improving community health utilizing the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community. The resulting community health improvement plan is designed to use existing resources wisely, consider unique local conditions and needs, and form effective partnerships for action.

METHODOLOGY

The Florida Department of Health in Liberty County and community health partners met together for the purpose of evaluating the health status of the citizens of the Liberty County area in order to develop health improvement interventions. The goal of these



partners was to develop and implement comprehensive, community-based health promotion and wellness programs in the Liberty County area and provide a forum where members may join together to plan, share resources, and implement strategies and programs to address the health care needs of citizens.

The NACCHO MAPP model for community health planning was used, which provides a strategic approach to community health improvement. This model utilizes six distinct phases:

1. Partnership development and organizing for success
2. Visioning
3. The Four MAPP Assessments
 - Community Health Status Assessment
 - Community Strength and Themes Assessment
 - Local Public Health System Assessment
 - Forces of Change Assessment
4. Identifying strategic issues
5. Formulating goals and strategies
6. Action (program planning, implementation, and evaluation)

The Community Health Status Assessment provided a “snapshot in time” of the demographics, employment, health status, health risk factors, health resource availability, and quality of life perceptions. Florida Department of Health in Liberty County conducted a Community Health

Status Profile in April 2012. Data from the 2010 U.S. Census, U.S. Bureau of Labor Statistics, and the Florida Department of Health, Legislative Office of Economic and Demographic Research, Department of Children and Families, Department of Law Enforcement, and Agency for Health Care Administration was utilized in the Community Health Status Assessment.

Community perceptions of the health care system are a critical part of the MAPP process. Community Themes and Strengths were identified in May 2013 as part of the Goals & Strategies workshop. Perceptions of the quality and accessibility of healthcare in Liberty County were assessed. Community health partners identified 10 health themes:

- Alcohol & Substance Abuse
- Cancer
- Cardiovascular Disease
- Diabetes
- Domestic Violence
- Educational Issues
- Health Insurance
- Obesity
- Poverty
- Tobacco Use

Community health partners participated in the Forces of Change Assessment workshop on April 2013 to identify what is occurring or might occur that impacts the health of the community and local public health system. Six themes or



issues, with corresponding sub-themes and threats, were identified:

- Economic
- Environmental
- Health
- Social
- Political
- Technological



Data from the 2012 County Health Rankings, compiled by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation were reviewed by community partners throughout the MAPP process. In addition, community health partners reviewed the 10 Essential Public Health Services rankings from the Local Public Health Performance Standards Program.





GOALS & STRATEGIES

As part of the Liberty County Community Health Improvement Project, the “Mobilizing for Action through Planning and Partnerships” (MAPP) a Strategic Priorities and Goals workshop was conducted on May 7, 2013. Fifteen community health partners participated in the workshop and identified four community health themes for Liberty County.

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LIBERTY COUNTY GOALS & STRATEGIES REPORT

BACKGROUND

As part of the “Mobilizing for Action through Planning and Partnerships” (MAPP) project in Liberty County, QuadR, LLC was contracted by the Florida Department of

Health in Liberty County to facilitate the Community Identified Goals and Strategies workshop on May 7, 2013. The purpose of this workshop was to identify health priorities which are impacting Liberty County residents and to develop goal statements and strategies for each priority.

A total of 15 individuals attended. Individuals were representative of various social service agencies, not-for-profit organizations, and other public health system agencies. Participants represented a cross-section of the community and input provided was based on their knowledge, awareness and perceptions of related health concerns with Liberty County. The list of participants can be found at the end of this report.

METHODS

Approximately two weeks prior to the scheduled Goals and Strategies workshop, community health partners were contacted by e-mail from the Florida Department of Health in Liberty County regarding the date, time, and purpose of the workshop. At this time, community health partners were provided the agenda. The email and agenda are located at the end of the report.



The participants were welcomed to the workshop by the Florida Department of Health in Liberty County Outreach Coordinator Susan Chafin. Workshop participants introduced themselves and identified their organization. After reviewing the agenda, the workshop facilitator then asked participants to examine the data which highlighted key health statistics for Liberty County. This data included:

- Florida Department of Health CHARTS – Liberty County Health Status Summary (accessed April 15, 2013)
- 2013 County Health Rankings (Florida Big Bend, Florida Public Health Institute)
- Florida Legislature, Office of Economic and Demographic Research – Liberty County Summary (accessed April 15, 2013)
- Liberty CHARTS Pregnancy & Young Child Profile (accessed April 15, 2013)
- Liberty CHARTS School-aged Child & Adolescent Profile (accessed April 15, 2013)
- 2010 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report
- Florida Department of Law Enforcement January-December 2011 Crime in Liberty County Summary
- Liberty County Quick Facts, US Census Report (accessed April 15, 2013)
- Florida Youth Tobacco Survey (FYTS) 2012 – Liberty County at a Glance
- Liberty County: Specialty and Flavored Tobacco Trends Among Youths (Ages 11-17) from the Florida Youth Tobacco Survey (Florida Department of Health)



Participants reviewed the data individually and identified key health issues and/or needs for Liberty County residents. Individual health concerns were written on sticky notes by each participant. Workshop participants were reminded to identify local, state and national health issues that may affect the context in which the community and its public health system operate within Liberty County.

Participants were then asked to combine their health issues and/or concerns (sticky notes) into common themes or categories. Each group worked collaboratively to cluster their issues and identify a label for the theme or category.

Workshop participants reviewed all the themes and categories and re-assembled them into a master list of community health issues. The final product is included at the end of this report.

Nine health issues were identified:

- Access to Healthcare
- Accidents & Injuries
- Childcare
- Chronic Disease
- Education
- Obesity& Physical Activity
- Pregnancy/Prenatal/Neonatal
- Prevention/STDs
- Tobacco & Substance Abuse



Workshop participants were instructed to self-select into one of the 9 health issues. Each group was to review the health issues represented by the sticky notes associated with that issue. The issues of Childcare and Education were combined into one issue labeled Education, as was the issues of Access to Healthcare and Prevention/STDs which was labeled Access to Healthcare. Each group was tasked with to identifying two Do-able activities in order to change and/or impact the health issue in Liberty County. Groups were reminded to think about the Resources and Barriers/Challenges from the April 9th workshop when identifying Do-able activities (these were provided as a handout). Once two activities were listed, each group moved to the next health issue, reviewed the sticky notes, discussed the Do-able activities listed, and identified two different Do-able activities. This process was repeated until each group had reviewed and added items to each of the 7 health issues.

Next, workshop participants reviewed the Do-able activities on each of the 7 health issues. Each group was instructed to reach consensus on the three most Do-able activities given the Resources and Barriers/Challenges, and place a “star” next to these activities on each chart.

Once each group had selected the top three most Do-able activities on each of the 7 health issues, the workshop participants were asked to review all the health issues a final time. This work is presented at the end of the report.

Workshop participants then voted on the top health issues which they could impact in the next two to three years. The participants reached consensus on four health issues:

- Chronic Disease
- Education
- Obesity & Physical Activity
- Tobacco & Substance Abuse

After a short break for a working lunch and networking, workshop participants self-selected into one of the 4 health issues. The facilitator reviewed the key terms associated with goals and strategies on the back of the agenda with the participants. Each workgroup was then tasked with developing a Goal Statement and Strategies for their health issue. Once each workgroup had at least 2 strategies for the health issue, the participants reviewed the work for each issue. Participants provided feedback and added additional strategies as needed. In addition, participants worked collaboratively to structure the goals and strategies in the format associated with MAPP process (see Key terms and examples on the Agenda).

The Goal & Strategies template was provided on a large easel chart paper. Each workgroup selected at least two strategies from the list created in the previous step, and identified Barriers/Challenges from the master list which could prevent or act as a challenge to implementing and/or completing the strategy. These were listed on the Goal & Strategies template. In addition, the workgroup identified factors associated with the Implementation of the strategy, such as a proposed timeline for completion, lead and key members, and resources.

Workgroups reviewed each other's work and provided feedback. Each group continued to add information on the Goal & Strategies template for their health issue. The goals and strategies developed during this workshop are found on the following pages.



IDENTIFICATION OF GOALS & STRATEGIES

Liberty County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation
Chronic Disease	Liberty County will decrease incidence and death rate due to Chronic Disease.	1. Seek/write grants related to chronic disease prevention.	<ul style="list-style-type: none"> • Competition • Lack of community support • Lack of qualified grant writers • Lack of available grants 	<p>Timeline 2 Years</p> <p>Lead & Team Members Community health personal Networks Extension Agency Council on Aging Commerce City/County personnel</p> <p>Resources Grants Personnel Information technology Researchers</p>

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Chronic Disease (continued)	Liberty County will decrease incidence and death rate due to Chronic Disease.	2. Teach/educate public about: <ul style="list-style-type: none"> • Self-motivation strategies • Cost of or burden on everyone for health facilities, disease or cost of healthcare. 	<ul style="list-style-type: none"> • Apathy/Ambivalence or lack of participation • Lack of qualified educators • Getting the word out • Lack of awareness of cost 	Timeline 3-5 Years Lead & Team Members Healthcare personnel Educators Mental Health Social workers Guidance counselor Psychologists Resources Funds for qualified educators Researchers Newspaper Social media Facebook Text Information technology

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Chronic Disease (continued)	Liberty County will decrease incidence and death rate due to Chronic Disease.	3. Provide incentives to encourage healthy lifestyles (e.g., gift certificate to gym, or for vegetables/fruit stand).	<ul style="list-style-type: none"> Lack of funds to pay for incentives Lack of community support; no gym available; few vegetables stands 	<p>Timeline Ongoing</p> <p>Lead & Team Members Health/Fitness personnel CPT Grocery store owners Educators Businesses</p> <p>Resources Gym Health facilities and personnel Incentives Funds for above Social</p>

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Education	Liberty County will increase Technical Education opportunities for students who reside within the County.	1. Implement the Vo-Tech for Liberty County by: <ul style="list-style-type: none"> • Seek local state and federal funding • Recruit certified staff • Partner with post-secondary colleges. 	<ul style="list-style-type: none"> • Funding, local • Lack of information and education of how it affects the individual • Housing • Transportation • Facility 	Timeline 3-5 Years Lead & Team Members Donnie Read Susan Chafin Sharon Gaskin Resources State, Local, Federal, and Private training Certified & qualified Vo-Tech educators
		2. Educating the public and law maker through: <ul style="list-style-type: none"> • Partnerships with local corporate businesses • Incentives from small business. 	<ul style="list-style-type: none"> • Childcare • Fees/cost • Hours of operation traditional and non-traditional hours • Trained/qualified staff 	Timeline e TBD Lead & Team Members Same as above Resources Workforce Chamber Affordable housing School District CBCC Professional Boards Board of Nursing

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Obesity & Physical Activity	Liberty County will decrease Obesity and increase Physical activity among residents.	1. Make PE a requirement for each year in all schools.	<ul style="list-style-type: none"> • Curriculum is set by state • Need more staff • Attitudes "I don't wanna" • Need more variety in sports offered • funding 	<p>Timeline 2 Years</p> <p>Lead & Team Members Superintendents Health Department Teachers Parents Student representatives Principals</p> <p>Resources Grants Equipment Training Staff</p>
		2. Present to local government health issues that affect local budgets.	<ul style="list-style-type: none"> • Time to get info together • People don't care • People don't understand impact on them (or their wallet) 	<p>Timeline 1 Year</p> <p>Lead & Team Members Health Department Community groups</p> <p>Resources Grants Volunteer</p>

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Obesity & Physical Activity (continued)	Liberty County will decrease Obesity and increase Physical activity among residents.	3. Provide healthy cooking classes within schools.	<ul style="list-style-type: none"> • Staff • Attitudes • Money 	Timeline 2 Lead & Team Members Extension office Superintendents Principals Health Department Teachers Parents Community Members (Faith Based) Resources Grants Equipment

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Tobacco & Substance Abuse	Liberty County will decrease use of all Tobacco products among residents.	1. County resolution banning sale of candy flavored tobacco and implementation.	<ul style="list-style-type: none"> • Local vendors • Enforcement of resolutions • Peer pressure • Set attitudes • Funding • Lack of participants • Lack of community support 	<p>Timeline 12 Months – Resolution 6 Months – Implementation</p> <p>Lead & Team Members County and City Tobacco Free Partnership Community Members</p> <p>Resources Law Enforcement SRO Schools</p>
		2. City resolution banning sale of candy flavored tobacco and implementation.	<ul style="list-style-type: none"> • Local vendors • Enforcement of resolutions • Peer pressure • Set attitudes • Funding • Lack of participants • Lack of community support 	<p>Timeline 12 Months – Resolution 6 Months – Implementation</p> <p>Lead & Team Members County and City Tobacco Free Partnerships Community Members</p> <p>Resources Law Enforcement SRO Schools</p>

Liberty County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Tobacco & Substance Abuse (continued)	Liberty County will decrease use of all Tobacco products among residents.	3. Increase cessation classes within Liberty County.	<ul style="list-style-type: none"> • Lack of community participation • Lack of transportation • Lack of education • Attitudes toward tobacco 	Timeline 12 Months Lead & Team Members AHEC Tobacco Free Partnership Local business & government Resources Trained AHEC employees Social media Flyers Incentive

SUMMARY/KEY FINDINGS

The information gathered during the Strategic Priorities & Goals workshop is an important component of the MAPP comprehensive community assessment process. These findings can be used in conjunction with the other three MAPP assessments to develop the Community Health Improvement Plan (CHIP) for implementation and evaluation within the Liberty County public health system.



Nationally, the current economic climate will continue to affect the local public health system and overall community throughout Liberty County and the state of Florida. Budget cuts and limited grant opportunities have led to a decrease in funding for various services, from social services to charity care, mental illness and Medicaid. With local, state, and federal budget cuts, public health systems are challenged to find creative ways of continuing services and leveraging resources through collaboration and partnership with more non-traditional partners. Chronic Disease and Obesity and Physical Activity were identified as key priority health issues.

Continued unemployment and foreclosures result in a burdening of current health care

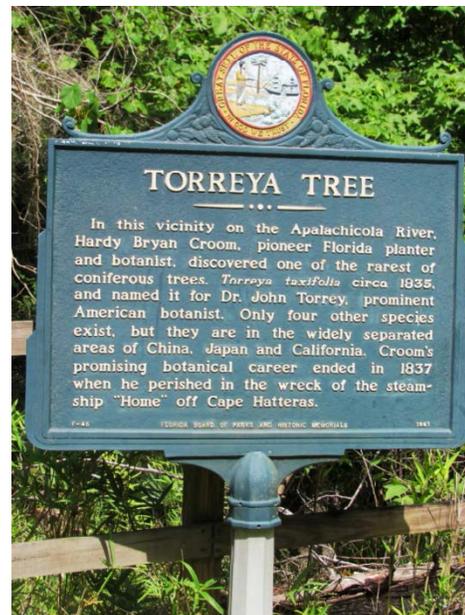


and social service systems. Population growth and changing demographics also contribute to an increase in the need for services and programs. Liberty County is a rural community, and as such, challenges to both access to healthcare, education, and the transportation infrastructure result.

Changing demographics within Liberty County and the state of Florida also present the need to address language and cultural barriers. Education is a priority issue which impacts the health of Liberty County residents.

There were other forces of change noted that are reflective of many issues on the national agenda. For example, health care reform, immigration reform, regulation of medical malpractice, use and overuse of technology, and need for sustainable energy resources are issues being considered on the national level, but they would also have an impact on local and state health care and social service delivery systems. With the rise in unemployment, there is a greater need for all public health services. Tobacco & Substance Abuse is a priority issue which impacts and is impacted by the other health issues identified in the workshop.

In summary, these strategic health issues priorities and goals impact the community's ability to implement action plans and impact (positively) the health of the Liberty County community. These strategic priorities and goals impact multiple sectors of the Liberty County community and surrounding counties, and should be reviewed in conjunction with the other MAPP community health assessments.



NEXT STEPS

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. The next step in the Liberty County process is to conduct the Community Health Improvement Planning (CHIP) phase of the MAPP process, wherein the results from this report will be reviewed in conjunction with Community Health Status Assessment, the Forces of Changes Assessment, and the Local Public Health System Assessment.



This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan

that focuses on long-term strategies that address multiple factors that affect health in a community.

This model utilizes six distinct phases:

1. Partnership development and organizing for success
2. Visioning
3. The Four MAPP Assessments
 - Community Health Status Assessment
 - Community Strength and Themes Assessment
 - Local Public Health System Assessment
 - Forces of Change Assessment

4. Identifying strategic issues
5. Formulating goals and strategies
6. Action (program planning, implementation, and evaluation)

The resulting Community Health Improvement Plan (CHIP) is designed to use existing resources wisely, consider unique local conditions and needs, and form effective partnerships for action, and is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources.



BACKGROUND

Community Health Improvement Team members met to develop the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. One seven-hour workshop was held in Bristol, Florida at the Veteran's Memorial Civic Center on May 23, 2013. The session was facilitated by Quad R, LLC and session logistics were coordinated with the Florida Department of Health in Liberty County. Appendix B contains the email invitation, agenda, and list of workshop participants for the workshop.



METHODS

There were 20 community health partners representing a diverse collection of public and private agencies in Liberty County at the workshop. The workshop participants were welcomed by the Florida Department of Health in Liberty County Administrator, Rachel Manspeaker. After participants introduced themselves and the organization they



represented, the facilitator reviewed the workshop agenda and provided the Goals & Strategies developed in the May 7, 2013 workshop.

Data folders were provided to those participants who either did not attend the

May 7th workshop or did not bring their data folder. Appendix B contains the email invitation, agenda, and list of participants for this workshop.

The facilitator reminded workshop members that the data was to serve as the foundation of the Action Plan efforts. The three health goals and strategies from the May 7, 2013 Goals & Strategies workshop were also provided to the participants. These three health issues were:

- Alcohol & Substance Abuse
- Obesity
- Poverty



After reviewing the goals and strategies, each participant self-selected into one of the three health issues and identified two “Do-able” activities for that health issue on the easel chart sheets provided. The participants were reminded to review the data to determine what activities could be measured and could be accomplished by 2016 with the current resources in Liberty County. The participants then reviewed each health issue and added “Do-able” activities. This work is located in Appendix B.

The workshop participants were instructed to review the information on each health issue in conjunction with the data, and vote for the most “Do-able” activities for each health issue. Next, the participants used a multi-voting technique to prioritize the health issues. This technique allows the participants to narrow the list of health issues using the criteria of “Most Do-able” and “Most Achieve-able” within the parameters of the resources and timeline. Two health issues emerged from this process:

- Education
- Obesity

The facilitator reviewed the information regarding goals and SMART (Specific, Measurable, Achievable, Realistic, and Time-bound) Objectives provided on the agenda. Workshop participants self-selected into one of the two health issues. Each team developed a goal and SMART objectives for their health issues. Workshop participants reviewed the goal and SMART objective for each health issue and provided feedback. The goals and SMART objectives were further refined by each team. After reviewing each other's work, the workgroups delineated activities for each SMART objective. Evaluation measures were identified for each activity and the final evaluation was linked back to the baseline measure for the SMART objective. In addition, the participants identified lead roles, community resources, and target date(s) for completion for each activity contained in the Action Plan.

Each Action Plan contained the following components:

- Goals and Objectives for improving Liberty County Health Issues
- Performance measures with measurable and time-framed targets
- Policy changes needed to accomplish health objectives
- Designation of accountable persons and organizations for implementing strategies
- Measurable health outcomes or indicators to monitor progress

It should be noted that each team discussed whether there were policy changes required in order to accomplish the specific Objective associated with their Action Plan. The teams decided either there were no policy changes required or needed policy changes would emerge through the activities within the Action Plan and would be addressed and added to the Action Plan. A presentation with the evaluation measure of "Approval Obtained" was identified for these specific Action Plans with identified policy changes.

The final product is presented on the following pages.

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Priority Issue 1: Education					
Goal: Increase high school graduation rate in Liberty County.					
Objective 1: Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.					
Strategy 1: Host high school career fair and encourage the development of relationships with career mentors.					
Accomplishments for objective 1:					
Baseline Measure/Source: Need to obtain 2014-2015 graduation rate from Liberty County High School. High School graduation rate Liberty County 84% versus state 81.2% with County Quartile at 3. (Florida CHARTS)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Committee Task Force.	Chamber of Commerce Professional Organizations Faith-Based Group Public Officials School District Florida Department of Health	12/30/2015		Community Task Force formed.	
2. Review/Revise Action Plan as needed.	Community Task Force	02/28/2016		Action Plan review and revised.	

Key Activities	Lead Role & Community	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Establish selection criteria with a focus on: a. Career mentors b. Rural communities c. Measurable surveys and/or evaluation tools	Community Task Force	03/30/2016		Evidenced Based programs reviewed and selection criteria established.	
4. Develop and begin Implementation Plan to include: a. Contact Chamber of Commerce and other professional organizations to build mentor team. b. Faith based group & public officials. c. Schedule d. Materials/handouts e. Career Fair logistics.	Community Task Force	05/30/2016		Draft Implement Plan developed Implementation Plan started. Career Fair conducted. Sign-in sheet or count of student participants. Student survey.	
5. Analyze and summarize data from student surveys.	Community Task Force	6/30/2016		Student surveys summarized.	
6. Collect data on Liberty County graduation rate.	Community Task Force	6/30/2016		Graduation rate data collected.	

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Priority Issue 2: Obesity					
Goal: Decrease obesity in Liberty County.					
Objective 1: Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2016.					
Strategy 1: Develop community nutrition activities/education.					
Accomplishments for objective 1: As of August 18, 2015, an Obesity Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community. Along with a 12-week fitness and nutrition challenge, FLASH (Fit Lifestyle Active Strong Healthy), was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was submitted and awarded.					
Baseline Measure/Source: Adults who consume at least five servings of fruits and vegetables a day – Liberty: 16% compared to the state 26.2% (Florida CHARTS 2007) Adults who are overweight – Liberty 41.1% as compared to state 37.8% (BRFSS 2010) Adults who are obese – Liberty 40.1% as compared to state 27.2% (BRFSS 2010)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Restaurant Diners Business Leaders Grocery Stores Farmers Extension Agency Faith Based Schools	9/30/15	Task Forced formed.	Task Forced formed.	Task Force formed with four Community Representatives and one Department of Health staff.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review/Revise Action Plan as needed.	Task Force	10/31/15	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised.	No revision needed.
3. Research and establish selection criteria for best practices in community nutrition, activities & education to include: a) Rural community focus. b) Curriculum c) Handouts d) Marketing/Community Awareness campaign with materials e) Presentation materials f) Comprehensive in scope g) Meets target audience	Task Force	11/15/15	a., c., d., e., f., g., h., FLASH Event (Fit Lifestyle Active Strong Healthy) Challenge a., c., d., e., f., g., h., Community Health Improvement Plan (CHIP) Meeting on 08/18/2015.	Best practices researched and selection criteria established.	Nutrition and fitness program selected.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
4. Research grant opportunities. Write and submit grant.	Florida Department of Health	12/15/15	Tai Chi Moving for Better Balance grant received 07/01/2015	Grant opportunities researched and submitted.	Ongoing
5. Draft Implementation Plan to include: a) Coordination with community partners. b) Media campaign. c) Train staff for program. d) Schedule e) Location f) Date/time g) Target groups. h) Evaluation measure. i) Curriculum/Handouts. j) Posters/flyers. k) Sponsor(s). l) Incentives.	Task Force	1/30/16	a. During CHIP meeting 08/18/2015, discussed opportunities and needs with community partners.	Implementation Plan drafted.	
6. Begin Implementation Plan.	Task Force	8/15/16		Plan implemented.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
7. Evaluate and compare to baseline.	Task Force	6/30/17		Increased fruit/vegetable intake in adults by 10% from 16% to 26%.	
8. Evaluate and compare to obesity and overweight BFRSS measures to determine impact.	Task Force	6/30/2017		Adults who are overweight – Liberty 41.1% as compared to state 37.8% Adults who are obese - Liberty 40.1% as compared to state 27.2%	
9. Determine Next Steps.	Task Force	6/30/2017		Next Steps determined.	

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Priority Issue 2: Obesity					
Goal: Decrease obesity in Liberty County.					
Objective 2: Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 15.1% to 10.1% by June 30, 2016.					
Strategy 1: Establish Comprehensive physical Education Program in schools.					
Accomplishments for objective 2: As of August 18, 2015, an Obesity Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community.					
Baseline Measure/Source: Obese (i.e., at or above the 95th percentile for body mass index, by age and sex) Liberty: 15.1% compared to state 11.1%. Florida Youth Tobacco Survey (FYTS) 2012					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Business Leaders Extension Office Chamber Churches Schools	09/30/2015	Task Force formed.	Task Force formed with four Community Representatives and one Department of Health staff.	
2. Review and revise Action Plan as needed.	Task Force	9/30/2015	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised, if needed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research evidence based programs and establish selection criteria: <ul style="list-style-type: none"> a. High school students b. Curriculum c. Handouts d. Marketing/Community Awareness campaign with materials e. Presentation materials f. Evaluation measures 	Task Force	10/30/2015	Evidence based programs will be researched by newly formed Task Force.	Task force will review a minimum of two programs.	
4. Research grant opportunities, write and submit grants.	Task Force	12/30/2016		Grant opportunities researched, written and submitted.	Ongoing
5. Select program(s) based on Selection Criteria and modify programs as needed.	Task Force	05/30/2016		Program(s) selected and modified if needed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>6. Develop Draft Implementation Plan to include:</p> <ul style="list-style-type: none"> a. Permission slips b. Invitations c. Train staff d. Coordinate with local schools e. Seek community partner f. Sponsor(s) g. Incentives h. Schedule i. Location j. Curriculum/handouts k. Media Campaign l. Evaluation measure(s) 	Task Force	5/30/2016		Draft implementation plan developed.	
<p>7. Develop and deliver presentation for School Board to include:</p> <ul style="list-style-type: none"> a. Multi-media needs b. Handouts c. Speaker(s) d. Location 	Task Force	6/30/2016		<p>Presentation developed and delivered.</p> <p>Receive School Board approval for program.</p>	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Modify curriculum and implementation plan based on feedback from School Board presentation, if needed.	Task Force	8/30/2016		Curriculum and implementation plan modified, if needed.	
9. Begin implementation plan to include: a. Permission slips b. Invitations c. Media/marketing campaign d. Program logistics e. Evaluation measures	Task Force	9/30/2016		Implementation plan started. Program(s) delivered. Evaluation data collected.	
10. Analyze and evaluate data.	Task Force	6/30/2017		Decreased percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13%.	
11. Determine Next Steps.	Task Force	6/30/2017		Next Steps determined.	

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Priority Issue 2: Obesity					
Goal: Decrease obesity in Liberty County.					
Objective 3: Increase fruit and vegetable intake in high school students by 10% June 30, 2016.					
Strategy 1: Establish nutrition education in the comprehensive Physical Education Program.					
Accomplishments for objective 1: As of August 18, 2015, a School Nutrition Project Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community.					
Baseline Measure/Source: Need to obtain baseline measure of fruit and vegetable intake in high school students for 2015-2016. Obese (i.e., at or above the 95th percentile for body mass index, by age and sex) Liberty: 15.1% compared to state 11.1%. Florida Youth Tobacco Survey (FYTS) 2012					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Lead Superintendent Principals Health Department Teachers Coaches Extension Office	06/30/2015	School Nutrition Project Task Force formed.	School Nutrition Project Task Force formed with four Community Representatives and one Department of Health staff.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review and revise Action Plan as needed.	Task Force	10/30/2015	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised, if needed.	No revision needed.
3. Develop self-report survey of high school students on fruit and vegetable intake.	Task Force	10/30/2015		Survey completed.	
4. Coordinate with administration at local high schools and implement survey on fruit and vegetable intake.	Task Force	2/28/2016		Survey administration coordinated and survey implemented.	
5. Analyze and summarize data.	Task Force	3/30/2016		Data summarized.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>6. Research Evidence Based programs and establish selection criteria to include:</p> <ul style="list-style-type: none"> a. Rural community focus b. High school students c. Nutrition education curriculum d. Handouts e. Marketing/Community Awareness campaign with materials f. Presentation materials and implementation plan g. Evaluation measures including baseline measure of fruit and vegetable consumption. h. Comprehensive in scope 	Task Force	02/28/2017	a., b., c. During CHIP meeting on 08/18/2015, a School Nutrition Project Task Force was established. School Dietary Services personnel from each county will be invited to join.	Evidence Based programs researched and selection criteria established.	
7. Research grant opportunities. Write and submit grants.	Task Force	1/30/2017		Grant opportunities researched, written and submitted.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Select and modify Programs(s) based on selection.	Task Force	06/15/2017		Program(s) selected and modified if needed.	
9. Develop Draft Implementation Plan to include: <ul style="list-style-type: none"> a. School Board approval b. Training presenters in curriculum c. Coordinating with local schools for scheduling d. Seek community partners for collaboration e. Permission slips f. Invitations g. Train staff h. Sponsor(s) i. Incentives j. Schedule k. Location l. Curriculum/handouts m. Media Campaign n. Evaluation measure(s) o. Re-survey of fruit and vegetable intake 	Task Force	6/15/2017		Draft implementation Plan developed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>10. Develop and deliver presentation to School Board to include:</p> <ul style="list-style-type: none"> a. Multi-media needs b. Handouts c. Speaker(s) d. Location 	Task Force	07/15/2017		<p>Presentation developed, delivered, and approved. List of meeting participants.</p>	
11. Begin implementation plan.	Task Force	8/30/2017		<p>Implementation plan started. Data collected for 2015-2016 measure of fruit and vegetable consumption. Program implemented. Post-program data collected on fruit and vegetable consumption. Other evaluation data collected.</p>	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
12. Evaluate and compare to baseline and compare to FYTS 2012 (or most current) obesity baseline.	Task Force	6/30/2018		<p>Fruit and vegetable intake increased by 10% as compared to 2015-2016. Pre/post data collected as part of program.</p> <p>Obese (i.e., at or above the 95th percentile for body mass index, by age and sex) Liberty: 18.0% compared to state 11.1% (FYTS 2012)</p>	

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Priority Issue 2: Obesity					
Goal: Decrease obesity in Liberty County.					
Objective 4: Increase percentage of adults who meet moderate activity by 5% from 28.7% to 33.7% June 30, 2016.					
Strategy 1: Develop community physical fitness activities.					
Accomplishments for objective 3: As of August 18, 2015, a FLASH (Fit Lifestyle Active Strong Healthy) Task Force has been formed that includes seven community partners. A 12-week fitness and nutrition challenge, FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was submitted and awarded.					
Baseline Measure/Source: Adults who meet moderate physical activity recommendations Liberty: 28.7% compared to state 34.6%. BRFSS 2007					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Senior citizens Extension Office Business Leaders Chamber of Commerce Community and Faith Based Organizations	9/30/2014	FLASH Task Force formed including DOH and two community agencies.	FLASH Task Force formed.	Completed.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review and revise Action Plan as needed.	Task Force	10/31/2014	Action Plan reviewed, no revision needed.	Action Plan reviewed and revised.	Action plan reviewed and approved by FLASH Task Force.
3. Review and revise Action Plan as needed.	Task Force	10/31/2014	Action Plan reviewed, no revision needed.	Action Plan reviewed and revised.	Action plan reviewed and approved by FLASH Task Force.
4. Research evidence based programs to include: <ul style="list-style-type: none"> a. Rural community focus. b. Curriculum c. Handouts d. Marketing/Community Awareness campaign with materials e. Presentation materials f. Evaluation measures. 	Task Force	10/31/2014	FLASH Task Force researched evidence based programs and developed a tailored fitness challenge for all local communities within Liberty and Calhoun counties.	Programs researched.	Fitness program chosen for 12 week challenge.
5. Research grant opportunities. Write and submit grants	Task Force	1/30/2015	Grants researched, written and submitted.	Grant opportunities researched, written and submitted.	Awarded Tai Chi Moving for Better Balance.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>6. Write Selection Criteria and develop Draft Implementation to include:</p> <ul style="list-style-type: none"> a. Rural community focus. b. Handouts c. Marketing/Community Awareness campaign d. Presentation materials e. Evaluation measures f. Posters g. Incentives. 	Task Force	1/30/2014	FLASH Task Force selected criteria and developed an implementation draft, which included pertinent key activities.	Selection Criteria written and Draft Implementation developed.	Completed and executed key activities.
<p>7. Develop and deliver presentation to community organizations to include:</p> <ul style="list-style-type: none"> a. Multi-media needs b. Handouts c. Speaker(s) d. Location. e. Evaluation of presentation. 	Task Force	7/15/2014	Presentation delivered to community partners.	Presentation developed and delivered.	Presentation delivered and accepted by community partners.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Begin implement plan.	Task Force	8/30/2014	Began 12 week fitness challenge program, 10 activities offered per week. Meal plans issued weekly. Gathered data from all participants one week prior to beginning challenge.	Implementation on plan started. Program delivered. Evaluation data collected.	Initial program attendance of over 400 participants, data collected from each participant.
9. Evaluate and compare to baseline.	Task Force	6/30/2015	Completed	Increased moderate activity by 5% from 28.7% to 33.7% as compared to the 2007 BRFSS data.	Successfully increased participants moderate activity by 5%; by way of comparing collected participant data to 2007 BRFSS data.

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Priority Issue 3: Risky Youth Behaviors					
Goal: Reduce risky behaviors in youth in Liberty County.					
Objective 1: Reduce teen pregnancy rates from 34.0 per 1000 females 15-19 to 31.0 per 1000 females 15-19.					
Strategy 1: Establish educational program within community to reduce teen pregnancy rates.					
Accomplishments for objective 1: Priority Issue added to CHIP during Action Plan Review Meeting held on August 18, 2015.					
Baseline Measure/Source: <u>Percent in Teen Pregnancy Rate Liberty County, 2014</u> Liberty County 34.0 per 1000 females 15-19 in contrast to the state comparison of 21.9 per 1000 females 15-19 Florida Department of Health CHARTS http://www.floridacharts.com/charts/default.aspx					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	Department of Health Liberty County School District Parents of school students Liberty County Extension Office	12/30/2015		Risky Youth Behaviors Task Force formed.	
2. Create Action Plan.	Task Force	02/28/2016		Action plan created.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research and establish selection criteria for reducing teen pregnancy rates to include: <ul style="list-style-type: none"> a) Rural community focus. b) Curriculum c) Handouts d) Marketing/Community Awareness campaign with materials e) Presentation materials f) Comprehensive in scope g) Meets target audience 	Task Force	05/30/2016		Best practices researched and selection criteria established.	
4. Research grant opportunities. Write and submit grant.	Florida Department of Health	ongoing		Grant opportunities researched, written and submitted.	Ongoing

Key Activities	Lead Role & Community Resources	Target Date For Completion	Status of Progress	Evaluation Measure	Evaluation Results
5. Draft Implementation Plan to include: a) Coordination with community partners. b) Media campaign. c) Train staff for program. d) Schedule e) Location f) Date/time g) Target groups. h) Evaluation measure. i) Curriculum/Handouts. j) Posters/flyers. k) Sponsor(s). l) Incentives.	Task Force	06/30/16		Implementation Plan drafted.	
6. Begin 2015-2016 Implementation plan.	Task Force	8/30/2016		Implementation plan started.	
7. Analyze and summarize data.	Task Force	6/30/2017		Evaluation data summarized.	
8. Modify program and implementation plan based on data summary.	Task Force	7/30/2017		Program and Implementation plan modified.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
9. Provide feedback to community partners if needed to include: <ul style="list-style-type: none"> a. Develop presentation b. Schedule presentation c. Deliver presentation 	Task Force	7/30/2017		Feedback to School Board provided.	
10. Begin 2015-2016 Implementation plan.		8/30/2017		Implementation plan started.	
11. Analyze and summarize data.	Task Force	6/30/2018		Evaluation data summarized.	
12. Evaluate and compare to baseline for 2016-2017 and 2017-2018 programs.	Task Force	8/30/2018		Reduced teen pregnancy rates by 3%.	
13. Provide feedback to community partners if needed to include: <ul style="list-style-type: none"> a. Develop presentation b. Schedule presentation c. Deliver presentation 	Task Force	10/30/2018		Feedback to School Board provided.	

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ACTION PLAN LINKAGES

The Community Health Improvement Project planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community.

The Liberty County CHIP identifies the priorities, goals, objectives, and strategies for the public health system within Liberty County. Through the integrated efforts of the health department and community partners, the desired health outcomes can be addressed in a systematic and accountable manner.



This CHIP plan provides a framework to promote greater collaboration across the organization and with external community partners, supports a comprehensive approach to public health service delivery within the 10 Essential Services of Public Health, and provides leverage to address the needs of Liberty County residents and the larger Florida Department of Health community.

Using the NACCHO model for strategic planning, this CHIP plan can be integrated with the Florida Department of Health in Liberty County Strategic Plan, and is informed by the Community Health Assessment. The CHIP plan can serve as the guiding force for the health

department's activities and direction for the next five years, as well as coordinate community health partners' efforts within the three health issue areas. The strategies and activities identified in this plan are specific standards for achievement designed to evaluate and measure success and impact.

The CHIP plan is aligned with the following:

- Florida Department of Health's State Health Improvement Plan 2012-2015
Representing the plan for the Florida public health system, this document enables the network of state and local health partners to target and integrate health improvement efforts.
http://www.doh.state.fl.us/Planning_eval/Strategic_Planning/SHIP/FloridaSHIP2012-2015.pdf
- Healthy People 2020
This U.S. Department of Health and Human Services program provides 10-year objectives for improving the health of all U.S. residents.
<http://www.healthypeople.gov/2020/Consortium/HP2020Framework.pdf>
- National Prevention and Health Strategies 2011
Developed by the National Prevention Council at the U.S. Department of Health and Human Services, Office of the Surgeon General, 2011, these strategies aim to guide the nation in the most effective and achievable means for improving health and well-being.
<http://www.surgeongeneral.gov/initiatives/prevention/index.html>

The tables on the following pages identify the linkages between the Liberty County CHIP and each of the above referenced plans.

Alignment					
Liberty County CHIP 1.1	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
Goal: Increase high school graduation rate in Liberty County.	Community Redevelopment and Partnerships				
Objective 1: Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.	Goal CR1	Integrate planning and assessment processes to maximize partnerships and expertise of a community in accomplishing its goals.	Environmental Health Goal	Promote health for all through a healthy environment.	Support and expand cross-sector activities to enhance access to high-quality education, jobs, economic opportunity, and opportunities for healthy living (e.g., access to parks, grocery stores, and safe neighborhoods). Coordinate investments in transportation, housing, environmental protection, and community infrastructure to promote sustainable and healthy communities.
	Goal CR3	Provide Equal access to culturally and linguistically competent care.	Educational and Community-based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	Increase availability and use of prevention research to identify effective environmental, policy and systems that reduce chronic diseases, promote safety and eliminate health disparities. Identify and map high-need areas that experience health disparities and align existing resources to meet these needs.
	Goal AC3	Improve behavioral health services so that adults, children and families are active, self-sufficient participants living in their communities.			Increase dissemination and use of evidence-based health literacy practices and interventions.

Alignment					
Liberty County CHIP 2.1., 2.2, 2.3,	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Chronic Disease Prevention				
<p>Goal: Decrease obesity in Liberty County.</p> <p>Objective 1: Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2015.</p> <p>Objective 2: Decrease percentage of high school students reporting BMI at or above the 95th percentile by 5% from 15.1 to 10.1 by June 30, 2016.</p> <p>Objective 3: Increase fruit and vegetable intake in high school students by 10% by June 30, 2016.</p> <p>Objective 4: Increase percentage of adults who meet moderate activity by 5% from 28.7 to 33.7 by June 30, 2016.</p>	Goal CD1	Increase the percentage of adults and children who are a healthy weight.	Nutrition and Weight Status Goal	Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement and maintenance of healthy body weights.	Support research and programs that help people make healthy choices (e.g., understand how choices should be presented).
	Goal CD2	Increase access to resources that promote healthy behaviors.	Educational and Community-based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	<p>Provide tools, guidance, and best practices to promote positive early childhood and youth development and prevent child abuse.</p> <p>Identify and address barriers to the dissemination and use of reliable health information.</p> <p>Support coordinated, comprehensive, and multicomponent programs and policies to encourage physical activity and physical education, especially in schools and early learning centers.</p>
	Community Redevelopment and Partnerships				
	Goal CR2	Build and revitalize communities so people can live healthy lives.	Social Determinants Goal	Create Social and Physical environments that promote good health for all.	Enhance capacity of state, tribal, local, and territorial governments to create healthy, livable, and sustainable communities (e.g., increase access to healthy food and opportunities for physical activity, revitalize brownfields, enhance alternative transportation options, and develop green facilities and buildings).

Alignment					
Liberty County CHIP 3.1.	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Chronic Disease Prevention				
Goal: Reduce Risky Behaviors in youth in Liberty County					
<u>Objective 1:</u> Reduce teen pregnancy rates from 34.0 to 31.0 per 1000 females ages 15-19.					



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COMMUNITY HEALTH IMPROVEMENT PLAN: Next Steps

Community Health Improvement Plans (CHIPs) are detailed workplans that guide communities through their action steps in order to address priorities that have been defined in the community health profile through community input and review of local health data.

The Liberty County Community Health Improvement Team developed four action plans for the key health issues of Education and Obesity.

Action plans listed below.

- Provide a framework for planning the work needed to achieve the objectives;
- Provide justification as to why funds are needed and how they will be used, imparting credibility to the organization or agency;
- Provide a guide for accomplishing the work within the given time period; and
- Communicate specific action-oriented approaches and measures for impact which can be shared with all interested parties.

The Liberty County Community Health Improvement Committee will work with other community health partners to implement and evaluate each action plan activity for success and impact. Implementation of the action plans will ultimately strengthen the public health infrastructure, enhance the planning, research and development of community health partnerships, and promote and support the health, well-being, and quality of life of Liberty County residents. It is recommended that the Community Health Improvement Committee review the implementation on an annual basis to update the information and to continually, and collaboratively, improve the health of Liberty County.

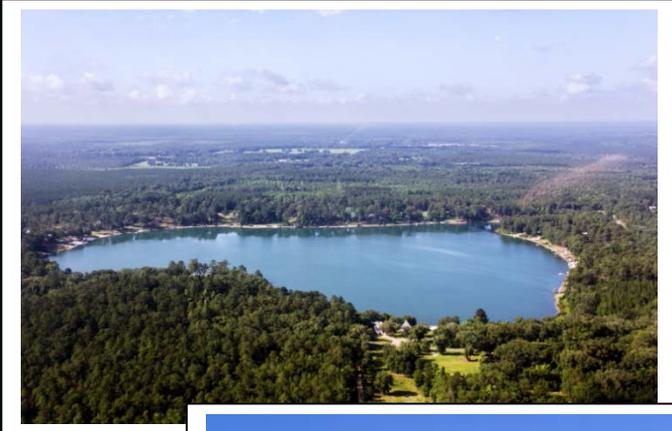
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COMMUNITY HEALTH IMPROVEMENT PLAN: Revisions

On December 17, 2014 the Florida Department of Health Liberty held a CHIP Action Plan Review meeting. After reviewing how community members met and developed the CHIP, which involved creating an action plan that focused on program planning, implementation, and evaluation we reviewed the action plan and each goal and strategy. Revisions were made to each priority issue, goal objective and strategy. Revisions were also made to key activities, lead roles and community resources, target dates for completion, status of progress and evaluation measures.

The committee decided to appoint individuals to be in charge of forming a task force for each priority issue.

On August 18, 2015 the Florida Department of Health Liberty held a CHIP Action Plan Review meeting. After status updates of previous actions and reviewing strategies, we discussed a new objective that we felt needed to be addressed and hopefully added to the CHIP, Risky Youth Behaviors which included teen pregnancy information. After reviewing teen pregnancy statistics for Liberty County it was decided to add Risky Youth Behaviors as a Priority issue with the objective of Reducing teen pregnancy rates from 34.0 per 1000 females 15-19 to 31.0 per 1000 females 15-19. A Task Force is being developed for this objective.



APPENDICES

Appendix A: Goals & Strategies Workshop – May 7, 2013

GOALS & STRATEGIES: Email to workshop participants

Dear Community Health Partners:

We had a great Forces of Change workshop on April 9th, and had participation from a number of agencies in the Liberty County community. We have 2 more workshops to go and need your help!

The Florida Department of Health, in partnership with the Liberty Hospital, are working on the Community Health Improvement Plan for Liberty County. Our next step is to review the health-associated data for both counties and identify strategic priorities and goals. The last workshop will involve creating an Action Plan for improving the health of community residents. Your experience and expertise is a critical! Please plan on attending both remaining workshops.

PLEASE SAVE THESE DATES (Liberty County will be working together in these workshops):

May 7 (Tuesday) 9:00am - 2:00pm EST (includes working lunch) Strategic Priorities & Goals Workshop

May 23 (Thursday) 9:00am - 4:00pm EST (includes working lunch) CHIP Session

All workshops will be held at:

Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

NOTE: All times are Eastern Standard Time (EST).

For more information and to RSVP, contact Susan Chafin at susan_chafin@doh.state.fl.us or call (850) 643-2145.

Thank you in advance. We look forward to working with you on this valuable project!

GOALS & STRATEGIES: Workshop Participants

Liberty County Community Health Improvement Project
Goals & Strategies Workshop
May 7, 2013 Sign-In Sheet

Name/Title	Organization
Nathan Ebersole	Calhoun-Liberty Hospital
Suzanne Mason	Liberty County School District
Kristy Terry	Liberty County Chamber
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Peggy Deason-Howland, RN	Florida Department of Health – Calhoun & Liberty Counties Healthy Start
Susan Chafin	Florida Department of Health – Calhoun & Liberty Counties
Melissa L'Heureux	Florida Department of Health – Calhoun & Liberty Counties
Rhonda Lewis	Liberty County Emergency Management
Sharon Gaskin	North Florida Child Development, Inc.
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Donnie Read	Twin Oaks Juvenile Development

GOALS & STRATEGIES: Workshop Agenda



Liberty County Community Health
Improvement Project:

Forces of Change Workshop

May 7, 2013 Agenda

May 7, Tuesday – 9:00am-2:00pm
Florida Department of Health in Liberty County
Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

- | | |
|-------------------|---|
| 9:00am -9:15am | Introductions & Workshop Logistics Review |
| 9:15am –9:45am | Participants will review Liberty County data for health issues |
| 9:45am - 10:15am | Participants will identify key health issues <ul style="list-style-type: none">• Based on their data review, participants will collaboratively group the health issues• Participants will “name” the category for each grouped health issue |
| 10:15am –10:45am | Participants will be assigned to workgroups to: <ul style="list-style-type: none">• Identify <u>Health Resources</u> - Identify all resources for achieving a Healthy Liberty County (e.g., community groups, policies, funding, state/federal partners, etc.)• Identify <u>Health Challenges</u> – Identify “What gets in the way of achieving a Healthy Liberty County?” (e.g., insufficient resources, lack of community support, legal or policy impediments, or technological difficulties) |
| 10:45am – 11:15am | Strategic Planning <ul style="list-style-type: none">• Individuals will self-assign into an “Issue” workgroup• Each workgroup will identify a GOAL statement for their issue(s) |
| 11:15am – 11:30am | Workgroup Round-Robin Review <ul style="list-style-type: none">• Workgroups will review results of other workgroups & provide feedback |

- | | |
|-------------------|--|
| 11:30am-12:00pm | Lunch (Lunch will be provided)
Networking and community health partnership building. |
| 12:00pm – 12:30pm | Strategic Planning (continued) <ul style="list-style-type: none"> • Each workgroup will identify STRATEGIES to accomplish that GOAL |
| 12:30pm – 12:45pm | Workgroup Round-Robin Review <ul style="list-style-type: none"> • Workgroups will review & provide feedback for other workgroups |
| 12:45pm – 1:15pm | Strategic Planning (continued) <ul style="list-style-type: none"> • Workgroups will fine tune their GOAL statement and STRATEGIES • Workgroups will identify BARRIERS for each STRATEGY |
| 1:15pm – 1:30pm | Strategic Planning (continued) <ul style="list-style-type: none"> • Workgroups will complete the IMPLEMENTATION section of the Priorities/Strategies Plan <ul style="list-style-type: none"> ○ Estimated TIMELINE ○ LEAD/TEAM MEMBERS ○ RESOURCES |
| 1:30pm - 1:45pm | Workgroup Round-Robin Review |
| 1:45pm – 2:00pm | Workshop Summary & Next Steps |

KEY TERMS: Goals and strategies provide a connection between the current reality (what the public health system and the community's health looks like now) and the vision (what the public health system and community's health will look like in the future).

Goals

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to affordable quality health care.

Strategies

- Patterns of action, decisions, and policies that guide a local public health system toward a vision or goal.
- Broad statements that set a direction & communicate how the community will move in that direction.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to high-quality, affordable health care.

Strategies:

1. Increase awareness of available services through the development of an online directory of area public health and health care organizations.
4. Develop the capacity to provide culturally and linguistically appropriate services.
5. Increase education and outreach efforts so that all residents are aware of the population-based and personal health care services available in the community.

For more information: http://www.doh.state.fl.us/compass/Resources/FieldGuide/2008_Version/6Goals.pdf

GOALS & STRATEGIES: Workshop Summary Notes Health Issues & Do-Able Activities

Access to Healthcare

- Transportation accessibility
- Total hospital beds
- Poverty level
- Poverty
- Health insurance coverage
- Lack of access to health care
- Dental care
- Total licensed family physicians
- Adults did not see a dentist
- Licensed physicians

Prevention/STDs

- Cervical cancer incidence rate (2)
- ↓ mammary screening
- ↓ vaccine adult flu and pneumonia

Do-able

- Recruit a grant writer (2) Transportation
- Grants to cover preventative screening (1)
Partnership with postsecondary (1)
- Continue to promote men's health seminars (1)
- Recruit private providers to the area

- Seal belts
- Licensed drivers motor vehicle crashes 15-18
- Vehicle accidents
- Adolescent ↑ motor vehicle accidents 15-18 and death
- Accidents
- ↑Motorvehicle accidents andunintentionalinjuries
- ↑Headinjuries 19-21
- ↑Non-fatal injuries
- ↓Seat belt overall adult
- High incidence of death for unintentional injuries

Do-able

- Seatbelt/helmet campaign (for ATVstoo) (5)
- Seatbelt checkpoints
- No texting/ phone use while driving campaign
- CTST program

Chronic Diseases

- Asthma (5)
- ↑Deathrate;lung,breast,coloncancer(4)
- Diabetes (3)
- High of chronic diseases (2)
- Heart failure(2)
- Communicable diseases
- ↑CLRD death rate, hospital rate
- Heart disease
- Coronary heart disease hospitalization

- Doable
- Grantsforpreventative screenings (3)
- Self-motivation strategies (1)
- Promote education about health insurance exchanges of uninsured
- Incentives for a healthy lifestyle

Education

- Lack of education (high school students) (3)
- Adults over 25 without high school diploma (3)
- Nurse: student
- Child students report asthma(middle and high school)
- Students don't feel safe at school(middle and high school)
- Child not promoted (elementary)
- ↑Free and reduced lunches
- ↑ Emotionally handicapped K-12

Childcare

- ↑Childfostercare12-17
- ↓licensed childcare
- Hospital 1-5 ↑ traumatic brain injuries, falls, and poisonings

Doable

- Big Brother/Big Sister type mentoring (2)
- Contracted through N.F.C.D. to provide private childcare; would have to meet all comprehensive requirements (2)
- Public schools increase offerings of career and technical education programs beginning in middle school and health support (partnering post-secondary) (including CNA's, CDA's, drafting, welding, I.T., and building construction) (1)
- Seek funds for mental health (1)
- Change culture (1)

Obesity and Physical Activity

- Adults are overweight and obese (7)
- Physical activity (4)
- Child ↑obesity – high school students

Doable

- Make PE a requirement each year (4)
- Present to the local municipalities health issues effecting their budgets (1)
- Healthy cooking classes
- Make physical activity fun for kids

Pregnancy/ Prenatal Neonatal

- ↑ Low birth weight and premature births death rate (2)
- ↑ Neonatal deaths (2)
- Teen pregnancy (2)
- Low birth weight (2)
- Prenatal
- Percent of repeat births to teenage mothers 15-17
- Pregnancy; females > 17 who smoke, obese
- For birthrate outcomes; <1500, <2500, <37week
- ↓ Breastfeeding
- Infant death rate
- Birth related issues
- Residents below 100% poverty level
- Pregnancy/ 4g child

Do-able

- Open a teen center to provide more opportunities during afternoon and evening hours (2)
- Smoking cessation for pregnant women (2)
- Enlist corporation sponsors (1)
- Baby simulators in school (1)

Tobacco and Substance Abuse

- Tobacco use (4)
- Adults who are current smokers (2)
- Females 17 who are current smokers
- ↓ Flavored tobacco
- ↑ Swat and education
- ↑ Smokers cigars, smokeless, second hand, allowed in the home
- Adolescent ↑ substance abuse, HIV, STD

Doable

- County resolution banning sale of candy flavored tobacco (4)
- Role model to visit schools (athletic representative – star) (3)
- City resolution banning sale of candy flavored tobacco (1)
- Billboards

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Appendix B: CHIP Workshop – May 23, 2013

CHIP Workshop: Email to workshop participants

We had a great workshop on May 7th – thank you to everyone who attended and participated in developing strategic goals and priorities. Please be sure to bring back the data folders for Liberty County. We will use these as we develop the Action Plans.

The next step in our Community Health Improvement Planning Project is the final workshop where the Action Plan for improving the health of Liberty Counties will be developed. We need your participation in this workshop in order to develop a realistic and action-oriented plan for implementation. Measures for impact and success will be detailed, and specific activities for achieving success will be identified.

Please join us on May 23rd - your experience and expertise is vital to this process. If you are unable to attend, please send a representative from your organization.

Lunch and snacks will be provided at the workshop. Please RSVP to Susan Chafin at susan_chafin@doh.state.fl.us, and let her know if you have any dietary restrictions.

Date: CHIP Session May 23, 2013

Time: 9:00am-4:00pm (EST)

Location: Veteran's Memorial Civic Center

10405 NW Theo Jacobs Lane, Bristol, Florida 32321

Thank you in advance. We are looking forward to your valuable input at these workshops.

CHIP Workshop: Participants

Florida Department of Health in Liberty County
 Community Health Improvement Project
 CHIP Workshop
 May 23, 2013 Sign-In Sheet

Name/Title	Organization
April Landrum	Apalachee Center
David Taylor	Chemical Addiction Recovery Effort (CARE)
Nathan Ebersole	Liberty-Liberty Hospital
Kristy Terry	Liberty County Chamber
Jim Pruette	Chipola Adolescent Pregnancy Prevention (CAPP)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Senior Registered Nurse Supervisor	Department of Corrections
Diann Smith, Senior Health Services Administrator	Department of Corrections
Susan Chafin	Florida Department of Health – Calhoun & Liberty Counties
Kelly King	Florida Department of Health – Calhoun & Liberty Counties
Melissa L'Heureux	Florida Department of Health – Calhoun & Liberty Counties
Rachel Manspeaker	Florida Department of Health – Calhoun & Liberty Counties
Vanessa O'Neal	Healthy Start - Florida Department of Health – Calhoun & Liberty Counties
Rhonda Hall	Life Management Center
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Renee Crawford	Ruth Attaway CPA

CHIP Workshop: Agenda



Liberty County Community Health
Improvement Project:

CHIP Workshop

May 23, 2013 Agenda

May 23, Thursday – 9:00am-4:00pm
Florida Department of Health in Liberty County
Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

- | | |
|-------------------|--|
| 9:00am – 9:15am | Introductions
Workshop Logistics Review |
| 9:15am - 9:45am | Workgroup Assignments
Participants will be assigned to a workgroup to prioritize issues.
<input type="checkbox"/> Review Strategic Priorities & Goals from May 7, 2013 workshop
<input type="checkbox"/> Review Liberty County Health data |
| 9:45am – 10:15am | Prioritize Goals
<input type="checkbox"/> Identify Do-able issues – Which Issues/Goals can be <u>realistically</u> impacted in the next 2 years?
<input type="checkbox"/> Identify Barriers to Action – What barriers <u>must be</u> addressed in order to impact the issue? |
| 10:15am – 10:30am | Group Decision Making
<input type="checkbox"/> Issues/goals will be prioritized using nominal group technique.
<input type="checkbox"/> Top 2-3 issues/goals for the County will be selected for development in the Community Health Improvement Plan. |
| 10:30am – 10:45am | Goal for each Health Issue
<input type="checkbox"/> Participants will self-select into an issue and work together to develop a Goal for the issue. |
| 10:45am - 11:00am | Group Review of Goals
<input type="checkbox"/> Groups will review each other's work and provide feedback |
| 11:00am - 11:45am | SMART Objectives for each Goal (Issue)
<input type="checkbox"/> Participants will develop SMART Objectives for the Goal |

11:45am - 12:15pm	Lunch Break (Lunch provided & networking)
12:15pm – 12:45pm	<p>SMART Objectives</p> <input type="checkbox"/> Participants will review each other’s work and provide feedback.
	<input type="checkbox"/> Feedback will be used to refine Goal and SMART Objectives.
12:45pm – 1:30pm	<p>ACTIVITIES for Action Plan</p> <input type="checkbox"/> Each workgroup will identify the ACTIVITIES for each OBJECTIVE in their Action Plan.
1:30pm-1:45pm	<p>Group Review</p> <input type="checkbox"/> Workgroups will review each other’s work and provide feedback.
1:45pm – 2:30pm	<p>Action Plan Completion</p> <input type="checkbox"/> For each OBJECTIVE in their Action plan, workgroups will identify: <ul style="list-style-type: none"> • Lead Role & Community Resources • Target Date for Completion <ul style="list-style-type: none"> • Evaluation Measure. • <u>NOTE</u> – the Action Plan will end with measuring against the baseline measure to determine impact/success
2:30pm – 3:00pm	<p>Group Review</p> <input type="checkbox"/> Workgroups will review each other’s work and provide feedback.
3:00pm – 3:30pm	<p>Action Plan Final Revision</p> <input type="checkbox"/> Based on feedback, workgroups will finalize their Action Plan(s).
3:30pm – 3:45pm	Community Health Improvement Plan Workshop Summary

Next Steps

A Community Health Improvement Plan (CHIP) has been defined as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.”

CHIP:

- Serves to address issues, roles, and common goals and objectives throughout the community.
- Is used to coordinate efforts and target resources that promote health.
- Guides action and monitors and measures progress toward achievement of goals and objectives.
- Often used as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

GOAL:

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: Access to population-based and personal health care services.

Goal: All persons living in our community will have access to affordable quality health care.



S-M-A-R-T

Specific means that the outcome is concrete, detailed, focused and well defined.

Measurable outcomes include units for counting, which determines quantity and comparison.

Achievable outcomes are feasible, reasonable and actionable.

Realistic outcomes add value or contribute to the accomplishment of the goal.

Time limited means there is a deadline(s) for completion.

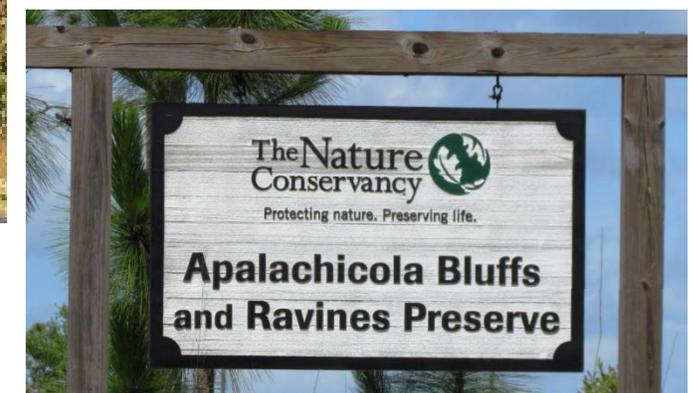
Example:

Strategic issue: Access to population-based and personal health care services

Goal: All persons living in our community will have access to affordable quality health care.

Objective:

1. Develop an online directory of area public health and health care organizations by June 30, 2014.
2. Advertise the online directory to community residents at 100% of county facilities (e.g., schools, library, government offices) and primary care and health care facilities by December 30, 2014.



CHIP Workshop: Summary Notes - Other Issues

Tobacco and Substance Abuse

- Role model to visit schools
- Continue education in schools on effects of alcohol and substance abuse.
- Community based cessation classes.
- Retail education/ sting operation.
- Partnering with local hospitals/area resources to try to bring into communities.
- Promote more education and financial import of smoking/substance abuse.
- Community based programs that encourage and facilitate role models in the schools.
- Community based educational workshops, seminars, programs, etc involving tobacco and drug abuse.
- Starting focused clubs early in school focusing on students against tobacco, alcohol, illicit substances. Cooperating with community partners to cover all basis.
- Resolution to band synthetic drugs.
- Education on the affects.

Alcohol and Substance Abuse

- Re-incorporate the "MADD" "SADD" SAIS clubs at high school/ middle school levels to include public awareness/ outing fundraisers.
- Screening tools implemented in software with hospital clinics primary care to determine proactive concepts to offer assistance.
- Additional AA/NA mtg. opportunities.
- Resolution to band synthetic drugs.
- Education in schools of the effects.
- Education regarding financial input of substance/ drug abuse.
- Priority with local area resources in our community.
- Provide opportunities for different providers to go into schools to educate re: SA and MH issues.
- Address the culture of silence beginning @ secondary level and post community- include parents and have babysitting available.
- Increase "free" "fun" activities/ entertainment.
- Retail education- underage.

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Appendix C: CHIP Review Meeting – December 17, 2014

CHIP Meeting Agenda

CHIP Review: Agenda

Liberty and Calhoun County Community
Health Improvement Project:



December 17, 2014
2:00 e.t – 4:00 e.t
Veteran's Memorial Civic Center

2:00pm -2:15pm

Introductions
Workshop Logistics Review

2:15pm – 2:30pm

Review Liberty County Strategies

- Education
- Obesity

2:30pm – 3:00pm

Partner Discussion: update status of strategies, discuss needed revisions, develop action plans for future strategies.

3:00pm – 3:30pm

Review Calhoun County Strategies

- Poverty
- Obesity

3:30pm – 4:00pm

Partner Discussion: update status of strategies, discuss needed revisions, develop action plans for future strategies.

CHIP Meeting Minutes

CHIP Action Plan Review Meeting
December 17, 2014
2:00 e.t. – 4:00 e.t.
Veteran's Memorial Civic Center
Minutes

Attendance:

Rachel Manspeaker – Florida Department of Health Calhoun/Liberty
Susan Chafin - Florida Department of Health Calhoun/Liberty
Melissa L'Heureux - Florida Department of Health Liberty
Kelly King - Florida Department of Health Calhoun/Liberty
Jodi Granger - Florida Department of Health Calhoun/Liberty
Shellie King – Liberty County Extension
Nathan Ebersole – Calhoun Liberty Hospital
Marissa Barfield - Florida Department of Health Calhoun/Liberty
Donnie Read – Twin Oaks Juvenile Development

After everyone signed in and introductions were made Susan Chafin gave a review of how community members met and developed the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. Each person at the table received a copy of the action plan for both Calhoun and Liberty County. The action plans has the two health goals that were decided on for each county. At this point we went through each goal and strategy and reviewed and revised each priority issue, goal objective and strategy. We also reviewed and revised each key activity, lead role and community resources, target date for completion, status of progress, evaluation measure.

After completing this portion, the committee decided to appoint individuals to be in charge of forming the task force for each priority issue.

Task Force leads:

Obesity – Objective 1: Increase fruit/vegetable intake in adults by 10% from 21.5% (Calhoun & Liberty)

- Kelly King,
- Rachel Manspeaker

Obesity – Objective 2: Decrease percentage of high school students reporting BMI at or above 95% by 5% from 18% compared to state 11.1%.

- Jodi Granger
- Marissa Barfield

Education – Objective 1: Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.

- Donnie Read

Poverty – Objective 1: Reduce poverty from 25.9% to 15.9% by August 31, 2016.

- Susan Chafin

It was decided after revision were made to the action plans that Susan Chafin would send out the revised action plans to everyone that was at the meeting.

Meeting adjourned

CHIP Meeting Participant Sign In



CHIP Action Plan Review: Participants

Liberty and Calhoun County Community Health Improvement Project:

December 17, 2014

2:00 e.t – 4:00 e.t

Veteran's Memorial Civic Center

Name/Title	Organization
Rachel Manspeaker	DOH - Liberty ; DOH Calhoun
Susan Chapin	DOH - Liberty / Calhoun
Melissa H. Heurich	DOH - Liberty
Kelly King	DOH - Calhoun - Liberty
Jodi Granger	DOH - Calhoun / Liberty
Shellie King	Extension Office
Nathan Ebersole	Calhoun - Liberty Hospital
Marissa Barfield	DOH Calhoun / Liberty
Donnie Read	Twin Oaks Juvenile Development

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Appendix D: CHIP Review Meeting – December 17, 2014

CHIP Meeting Agenda



Florida Department of Health Calhoun and Liberty County
 Community Health Improvement Plan Review Meeting
 Florida Department of Health Liberty Conference room
 August 18, 2015 3:00 – 4:00 p.m.

AGENDA

Purpose: *Solicit input from the community on Community Health Improvement Plan through open two-way dialogue.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Susan Chafin
Review Previous Minutes	Susan Chafin
Status Update of Previous Actions <ul style="list-style-type: none"> • Item 1: Review Liberty County Strategies • Education • Obesity • Item 2: Review Calhoun County Strategies • Poverty • Obesity 	Susan Chafin
Introduce Topic <i>Discuss needed revisions to the CHIP based on new data sources.</i>	Susan Chafin
Discuss Supporting Information Review youth risk data to include teen pregnancy information.	Marissa Barfield
Open Floor for Community Input	Marissa Barfield
Consider Possible Directions <ul style="list-style-type: none"> • Strategy/Policy Need 1 – Increase education in schools • Strategy/Policy Need 2 – Increase community awareness of youth risky behaviors 	Susan Chafin
Actions	Susan Chafin
Meeting Evaluation	Susan Chafin
Adjourn	Susan Chafin

CHIP Meeting Minutes 08/18/2015



Florida Department of Health of Calhoun and Liberty County
 Community Health Improvement Plan Review Meeting
 Florida Department of Health Liberty Conference room
 August 18, 2015 3:00 – 4:00 p.m.

COMMUNITY MEETING MINUTES

Purpose:

Solicit input from the community on Community Health Improvement Plan through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Susan Chafin from Florida Department of Health (DOH) welcomed everyone and reviewed meeting agenda.
Susan Chafin	Review Previous Minutes	Susan Chafin asked those of you involved in 2013 CHIP Action Plan Review Meeting process, please review the minutes from last meeting. Rachel Manspeaker from Florida DOH informed everyone CHIP Action Plan copies are available (paper or electronic).
Susan Chafin	Status Update of Previous Actions <ul style="list-style-type: none"> • Item 1: Review Liberty County Strategies <ul style="list-style-type: none"> ○ Education ○ Obesity • Item 2: Review Calhoun County Strategies <ul style="list-style-type: none"> ○ Poverty ○ Obesity 	Susan Chafin requested task force participants for Education and Obesity in Liberty County and for Poverty and Obesity in Calhoun County. This living document it can be changed as according to the needs of the community.
Susan Chafin	Introduce Topic	Kelly King from Florida DOH introduced main objective to increase high school graduation rate, and decrease poverty.
Marissa Barfield	Discuss Supporting Information	Discussion opened with Marissa Barfield from Florida DOH regarding teen pregnancy rate in Calhoun and Liberty. Related statistics from Florida Charts were given and she noted this may need to be reviewed and added to the Community Health Improvement Plan. Kelly King added, if we

CHIP Meeting Minutes 08/18/2015

Florida Department of Health of Calhoun and Liberty County
 Community Health Improvement Plan Review Meeting
 Florida Department of Health Liberty Conference room
 August 18, 2015 3:00 – 4:00 p.m.

COMMUNITY MEETING MINUTES

		generalize the topic as youth risk and not teen pregnancy we can accomplish more by broadening the topic.
	Open Floor for Community Input	Community input began with Kim Tanner from the Calhoun Co. Sheriff's Office about how often child sexting is occurring. Jenny Baker from Faith Health Ed Econ Wellness Initiative Calhoun Liberty (FHEE WICL) added domestic violence resources are not well known, most agreed. Vicki Davis with the Calhoun County School District added we sometimes have kids from school needing emergency shelter. Discussion between Jenny Baker and Lisa Taylor from Florida DOH regarding existing programs but the resources are not well known. Next meeting we can all bring resources we know about to share. Kim Tanner offered to include others for resource publication from Sheriff's Office.
Susan Chafin	Consider Possible Directions <ul style="list-style-type: none"> • Strategy/Policy Need 1– Increase education in schools • Strategy/Policy Need 2– Increase community awareness of youth risky behaviors 	
Susan Chafin	Actions	
Susan Chafin	Meeting Evaluation	It was decided the third Tuesday is a good day for meetings. Next meeting will be Sept 15, emails will be sent out. Susan Chafin asked everyone to complete the evaluation before leaving.

CHIP Meeting Participant Sign In 08/18/2015



Florida Department of Health in Calhoun and Liberty Counties
 Community Health Improvement Plan Review Meeting
 Liberty CHD Conference Room
 August 18, 2015 - 3:00 pm est

Sign In Sheet

Purpose:

Engage Calhoun and Liberty communities in Healthiest Weight Workshop regarding the Healthiest Weight Florida Initiative through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff)

Name	Organization or Community Representative	Email	Phone
Bryanna White	Calhoun Co. Public Library	Bryanna@usa.com	674-8773
Polly Coe	Rivertown's Fit Spot	pollycoe@yahoo.com	6748977
Shelli King	Liberty/Calhoun Co. Ext. Office	sdking@ufl.edu	643-2229
Heather Ellerbee	FDOH - Calhoun	heather.ellerbee@flhealth.gov	674-5645
Melissa Lheureux	FDOH - Liberty	melissa.lheureux@flhealth.gov	643-2415
Marissa Barfield	FDOH Calhoun/Liberty	marissa.barfield@flhealth.gov	674-5645
Susan Charin	FDOH Calhoun/Liberty	susan.charin@flhealth.gov	643-2415
Lisa Taylor	FDOH Calhoun/Liberty	lisa.taylor@flhealth.gov	643-6047
Kelly King	DOH - Calhoun / Liberty	kelly.king@flhealth.gov	643-2415
Kim Tanner	Calhoun Co. Sheriff's Office	ktanner@calhounsheriff.com	674-9889
Vicki Dan's	Calhoun Co School District	vicki.dans@calhounschools.org	674-8733
Dr. Rita Alexander Washington	Big Bend AHEC / Big Bend Rural Health	ritax@bigbendahc.org	224-1177
Matthew Henderson	Florida A&M University	matthew@flaam.edu	284-1177
Rachel Manspaker	DOH - Calhoun + Liberty		651-5764
Chesnee McCaskill	NFCD	cmccaskill@floridachildren.org	896-0383
Virginia Baker	FTHE WCL INC	vsb03@hotmail.com	850 643 7911
Amy Johnson	FL DOH	amy.johnson@flhealth.gov	643-2415
Nicole Gomez	Twin Oaks Quarters	ngonzalez@bgctr.org	850 291 913
Jodi Speciale	FDOH Calhoun/Liberty	jodi.speciale@flhealth.gov	643-2415

CHIP Meeting Invitation and Email 08/18/2015

COME JOIN US

- ✓ Do you want to see healthier Calhoun and Liberty Counties?
- ✓ Do you have ideas about achieving our Healthiest Weight?

WE WANT TO HEAR FROM YOU!

The Florida Department of Health in Calhoun and Liberty Counties will be hosting an open forum to learn from our communities on how we can achieve our Healthiest Weight.

Bring your ideas!

Possible areas to consider include:

- Physical Activity
- Nutrition
- Marketing/ Community Outreach
- Schools
- Worksites

FORUM DETAILS:

Date: August 18th, 2015
 Time: 2-3 pm eastern
 Location: Liberty County Health Department
 12832 NW Central Avenue
 Bristol, FL 32321

For Questions Please Call: Susan Chafin at (850) 643-2415

Mon 9/14/2015 4:18 PM

Chafin, Susan D
 FW: Healthiest Weight Community open forum

To: Johnson, Amy

Message HWF mtg flyer.docx (3 MB)

From: Chafin, Susan D
Sent: Tuesday, August 11, 2015 2:30 PM
To: judy.ludlow@ufl.edu; Brinkley, Monica L. <brinkley@ufl.edu>; david.summers@lcsbonline.org; Ralph Yoder <ralph.yoder@calhounschools.org>; Kristy Terry <kristyherry@gmail.com>; Ben Hall <benhall48@gmail.com>; chand@calhounclerk.com; Liberty Clerk of Court <kbrown@libertyclerk.com>; Donnie Read <dread@twinoaksfl.org>; ggiordano@baycountyfl.gov; Ben Hall <benhall48@gmail.com>; blangston@libertycountysheriff.org; nfinch@libertycountysheriff.org; Bonnie Wertenberger <wertenbergerb@paec.org>; Davis, Vicki <vicki.davis@calhounschools.org>; suzann.stoutamire@lcsbonline.org; johnett.wahlquist@lcsbonline.org; maupin@yahoo.com; ktanner@calhounsheriff.com; Nathan Ebersole <NathanEbersole@calhounlibertyhospital.com>; McCaskill, Chesnee- Calhoun <CMcCaskill@floridachildren.org>; rapunzels05@yahoo.com; shockfitness@gmail.com; derek.causeaux@calhounschools.org
Subject: Healthiest Weight Community open forum

Hello everyone,
 Please see the attached flyer inviting you to a community open forum to discuss how to make Calhoun and Liberty Counties healthier. We want to hear your ideas about achieving our Healthiest Weight. We look forward to seeing you at this important meeting. If you know of anyone else that would be interested in these same goals please feel free to invite them.
 Thank you for being such a key community partner.

Susan D. Chafin
 Florida Department of Health Calhoun/Liberty
 Operations and Management Consultant II
 Outreach Coordinator

Mission
 To protect, promote & improve the health of all people in Florida through integrated state, county, & community efforts.

Values

Chafin, Susan D
 Health Educator Consultant DOH

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Appendix E: Comprehensive List of Community Partners

Comprehensive List of Community Partners	
Name/Title	Organization
April Landrum	Apalachee Center
David Taylor	Chemical Addiction Recovery Effort (CARE)
Nathan Ebersole	Calhoun-Liberty Hospital
Kristy Terry	Calhoun County Chamber
Jim Pruette	Chipola Adolescent Pregnancy Prevention (CAPP)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Sr RN Supervisor	Department of Corrections
Diann Smith, Senior Health Services Administrator	Department of Corrections
Susan Chafin	Florida DOH – Calhoun & Liberty Counties
Kelly King	Florida DOH – Calhoun & Liberty Counties
Melissa L'Heureux	Florida DOH – Calhoun & Liberty Counties
Rachel Manspeaker	Florida DOH – Calhoun & Liberty Counties
Vanessa O'Neal	Healthy Start - DOH – Calhoun & Liberty Counties
Rhonda Hall	Life Management Center
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Renee Crawford	Ruth Attaway CPA
Bryanne White	Calhoun County Public Library
Polly Coe	Rivertown Fit Spot
Shelly King	Calhoun/Liberty County Extension Office
Heather Ellerbee	FDOH - Calhoun
Melissa Lheureux	FDOH - Liberty
Amy Johnson	FDOH- Liberty
Vickie Davis	Calhoun County School Board
Dr. Rob Thomas	Big Bend AHEC
Alexandria Washington	Big Bend AHEC
Nicole Gonzalez	Twin Oaks Juvenile Development Inc.
Virginia Baker, PHD	FHEE WICL Inc.
Chesnee McCaskill	North Florida Child Development
Kim Tanner	Calhoun County Sheriff Department
Jodi Speciale	FDOH Calhoun/Liberty

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Community Health Improvement Plan Annual Report, 2015

*Florida Department of Health in
Liberty County*

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Introduction

This is the annual review report for the 2013 – 2018 Liberty County Community Health Improvement Plan (CHIP). The activities and collaborative efforts of the Florida Department of Health in Liberty County and community partners will be reflected within the report. Existing partners such as the Calhoun-Liberty Hospital and Florida Department of Corrections played a key role in developing the Liberty County CHIP. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Liberty County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report. The CHIP is an action-oriented strategic plan that outlines community-driven goals, objectives, strategies and measures for addressing the following top two health priority areas:

1. Education
2. Obesity

Overview of the Community Health Improvement Plan (CHIP)

In May of 2013, the Department of Health in Liberty County convened the CHIP Planning Team. The Planning Team facilitated the CHIP process through using the National Association of City and County Health Officials Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model. Subject matter experts from across a diverse group of partners conducted the four assessments suggested by the MAPP process. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Liberty County.

The Planning Team developed findings and presented these findings to the Liberty County Community Health Improvement Planning group. The group representing 10 agencies and organizations in Liberty County. The group set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments and reached consensus on two strategic issue areas: Education and Obesity. See Table below for Strategic Issue Areas with their goals, developed by a workgroup of subject matter experts.

<i>STRATEGIC ISSUE AREA</i>	<i>GOAL</i>
<i>Education</i>	1. Increase high school graduation rate in Liberty County.
<i>Obesity</i>	1. Decrease obesity in Liberty County

Summary of CHIP Annual Review Meeting

The CHIP is a living document and an ongoing process. As part of the CHIP process, an annual evaluation report is required to document successes, challenges/barriers, recommendations for changes in the goals, objectives or activities, and the creation of an updated version of the CHIP document. In addition, the annual report identifies the lead community group and the data source being used to monitor progress.

On December 17, 2014 at the CHIP review meeting the Florida Department of Health in Liberty County led a discussion on Liberty County's community health improvement plan. After everyone signed in and introductions were made Susan Chafin gave a review of how community members met and developed the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. Each person at the table received a copy of the action plan for both Calhoun and Liberty County. The action plans has the two health goals that were decided on for each county. At this point we went through each goal and strategy and reviewed and revised each priority issue, goal objective and strategy. We also reviewed and revised each key activity, lead role and community resources, target date for completion, status of progress, evaluation measure.

After completing this portion, the committee decided to appoint individuals to be in charge of forming the task force for each priority issue.

Building a healthier Liberty County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Liberty County residents. The Public Health Accreditation Board defines a CHIP as "a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process." The CHIP can be used by health departments, as well as other government, education, or human service agencies, to coordinate efforts and target resources that promote health.

The CHIP serves to address health issues, roles, and common goals and objectives throughout the community. The plan can be used to guide action and monitor and measure progress toward achievement of goals and objectives. The plan, along with a Community Health Assessment (CHA), can be utilized as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

Strategic Issue Area #1: Education

While it's known that education leads to better jobs and higher incomes, research also shows that better-educated individuals live longer and lead healthier lives than those with less education, and their children are more likely to thrive. According to Florida CHARTS (2007) elementary school children in Liberty County are almost three times the state rate for not being promoted (9% versus 3.3%). Middle School students are above the associated state rate for not being promoted (2.9% versus 2.2%).

Goal: Increase high school graduation rate in Liberty County

Strategy 1: Host high school career fair and encourage the development of relationships with career mentors.

Key Partners: Liberty County Chamber of Commerce, local professionals, Faith-Based Groups, Public Officials, Liberty County School District, Florida DOH

Why this is important to our community:					
Education was a health issue impacting the residents of Liberty County. Data from the US Census indicates that 17.5% of residents 25 years and over have a 9 th to 12 th grade education with no diploma, and 37.5% of this population has a high school diploma or its equivalent. Among residents 25 years and over, 18.1% have some college, and 8.5% have a Bachelor's degree.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status*
Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.	Percent of graduating students at Liberty County High School.	84%	94%		Lack of Task Force participation has prevented the progress of this objective.

Strategic Issue Area #2: Obesity

DOH in Liberty County works to maintain health and prevent chronic disease by promoting healthy eating and active living for all residents, regardless of age, in Liberty County. We work with state and local partners on community solutions to help increase healthy food choices and connect people to places and opportunities where they can be regularly active.

Overweight and obesity are conditions that increase the risk for a variety of chronic diseases and health concerns, including heart disease, Type 2 diabetes, heart disease, hypertension, certain cancers, stroke, and high cholesterol (among others). The condition of overweight and obesity are determined by using a calculation, the Body Mass Index (BMI), which takes into account a person's height in proportion to his or her weight. BMI is correlated with the amount of body fat present. The table below summarizes the local effects of obesity Liberty County.

Goal: Decrease obesity in Liberty County.

Strategy 1: Develop community nutrition activities and education

Key Partners: DOH in Liberty, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Liberty County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
Liberty County residents who are overweight or obese is a health issue at all age levels. Among WIC children, ages 2 and older, 34.6% are overweight or at risk of being overweight according to FDOH CHARTS data from 2011. Among adults, more Men (45.5%) than Women (33.6%) reported being overweight on the 2010 BRFSS self-report survey. Over one-third of all respondents (41.4%) reported being overweight. Nearly half (43.5%) of Black respondents reported being overweight as compared to 39.7% of White respondents. Those residents ages 65 years and older had a higher self-report rate of being overweight than resident's ages 18 to 44 and ages 45 to 64.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2016.	Create # of opportunities for nutrition education.	0	12		Success in Liberty community with 400 plus participants losing over 900 pounds and receiving healthy meal plans each week in a 12 week period.

Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	Create # of opportunities for nutrition activities.	0	1		Participation of over 50 Liberty County residents taste testing a nutritious snack and receiving the recipe at local grocery store.
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* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Goal: Decrease obesity in Liberty County

Strategy 2: Establish comprehensive Physical Education Program in schools.

Key Partners: DOH in Liberty, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Liberty County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
In Liberty County, 14.9% of high school students are reported to have a BMI at or above the 95 th percentile. According to the U.S. Department of Health and Human Services, childhood obesity has tripled during the last 30 years, estimates suggest that one-third of all children born after 2000 will suffer from diabetes or other obesity-related health problems.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 14.9% to 9.9% by June 30, 2016	Percentage of high school students reporting a BMI at or below the 95 th percentile.	14.9%	9.9%		As of August 18, 2015, an Obesity Task Force has been formed. DOH School Health staff are collecting BMI's of selected grades for observation.

Goal: Decrease obesity in Liberty County

Strategy 3: Establish nutrition education in high schools.

Key Partners: DOH in Liberty, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Liberty County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
In Liberty County, 14.9% of high school students are reported to have a BMI at or above the 95 th percentile. According to the Center for Disease Control, 6 in 10 children did not eat enough fruit and 9 in 10 children did not eat enough vegetables in 2007-2010.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase fruit and vegetable intake in high school students by 10% June 30, 2016.	Establish baseline via a survey of high school students in 2015-2016 school year.	No baseline data	Surveys completed by high school students		The Health Advisory Committee has been formed, currently developing survey for high school students.

Goal: Decrease obesity in Liberty County

Strategy 4: Develop community physical fitness activities.

Key Partners: DOH in Liberty, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Liberty County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
Adults in Liberty County who meet moderate physical activity are at 28.7% which is below Florida's state rate of 34.6%. (Florida BRFSS 2007) Regular physical activity can improve the health and quality of life of Americans of all ages, regardless of the presence of a chronic disease or disability. There are a number of physical assets and resources within Liberty County which can be mobilized to address the obesity health related issues that can be utilized.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase percentage of adults who meet moderate activity by 5% from 28.7% to 33.7% by June 30, 2016.	Create fitness program and educate public on existing physical assets and resources in the community.	28.7%	33.7%		A 12-week fitness and nutrition challenge (Fit Lifestyle Active Strong Healthy) FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was continued, completing 25 classes within 2014.

Revisions

Revisions to the CHIP were made after careful review during the Annual CHIP Review Meeting held in December of 2014, the meeting participants reviewed the priority issues of Education and Obesity. Due to the progress of the Obesity Strategic Issue, the group decided to extend the target dates.

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Liberty County

Strategy 1: Develop community nutrition activities/education

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2016.	Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2015.	Adults who consume at least five servings of fruits and vegetables a day - Liberty: 16% compared to the state 26.2% (Florida CHARTS 2007)	16%	26%	During committee meeting, it was decided to extend date of completion.

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Liberty County

Strategy 2: Establish comprehensive Physical Education Program in schools.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Decrease percentage of high school students reporting BMI at or above 95 th percentile by 5% from 14.9% to 9.9% by June 30, 2016.	Decrease percentage of high school students reporting BMI at or above 95 th percentile by 5% from 14.9% to 9.9% by June 30, 2015.	Obese (i.e., at or above the 95 th percentile for body mass index, by age and sex) Liberty 14.9% compared to state 11.1% - Florida Youth Tobacco Survey (FYTS) 2012	14.9%	9.9%	During committee meeting, it was decided to extend date of completion

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Liberty County

Strategy 3: Establish nutrition education in the comprehensive Physical Education Program

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Increase fruit and vegetable intake in high school students by 10% June 30, 2017.	Increase fruit and vegetable intake in high school students by 10% June 30, 2015.	Need to establish baseline via a survey of high school students in 2015-2016 school year.	0	10%	During committee meeting, it was decided to extend date of completion

During the CHIP Action Plan Review meeting August 18, 2015 an additional Priority issue was added to CHIP for Liberty County.

Strategic Issue Area #3: Risky Youth Behaviors

Goal: Reduce risky behaviors in youth in Liberty County.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Reduce teen pregnancy rates from 34.0 per 1000 females 15-19 to 31.0 per 1000 females 15-19.	None.	Reduce teen pregnancy rates by 3%.	34.0 per 1000 females 15-19	31.0 per 1000 females 15-19	Priority issue added to CHIP during Action Plan Review Meeting held on August 18, 2015.

Accomplishments

Individual and team participation among Liberty County residents, was key in building morale and creating encouraging atmosphere to learn and develop healthier lifestyle habits during the 12 week FLASH event. The event focused on decreasing obesity by educating the public on nutrition and physical fitness. A vast majority of the diseases that affect individuals can be prevented with lifestyle changes.

Goal	Objective	Accomplishment
Decrease obesity in Liberty County	2.1 Increase fruit/vegetable intake in adults by 10% from 16% to 26% by June 30, 2016.	A twelve week fitness and nutrition challenge FLASH was successfully completed with over 400 community members participating.
How it's important for our community: The 12 week FLASH challenge successfully increased participant's fruit/vegetable intake by offering them meal plans every week.		

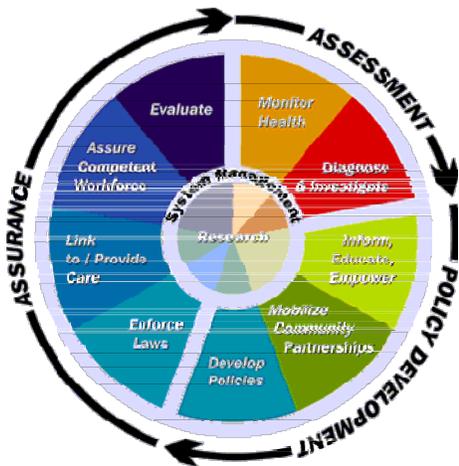
Goal	Objective	Accomplishment
Decrease obesity in Liberty County	2.4 Increase percentage of adults who meet moderate activity by 5% from 28.7% to 33.7% by June 30, 2016.	A 12 week fitness and nutrition challenge, FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance 12 week program was completed also
How it's important for our community: The 12 week FLASH challenge successfully increased participants moderate activity by 5% ; by way of comparing collected participant data to 2007 BRFSS data..		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. We will evaluate progress on an ongoing basis through quarterly CHIP implementation reports and quarterly discussion by community partners. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports each year by September of each year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Liberty County.

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From:

<http://www.naccho.org/topics/infrastructure/CHAIP/index.cfm>

The fundamental purpose of public health is defined by three core functions: assessment, policy development and assurance. Community Health Improvement Plans (CHIPs) provide information for problem and asset identification and policy formulation, implementation, and evaluation. CHIPs also help measure how well a public health system is fulfilling its assurance function.

A CHIP is part of an ongoing broad community health improvement process. A community health improvement process uses CHA data to identify priority issues, develop and implement strategies for action, and establish accountability to ensure measurable health improvement, which are often outlined in the form of a Community Health Improvement Plan (CHIP).

The Public Health Accreditation Board's (PHAB's) voluntary, national public health department accreditation program is designed to document the capacity of a public health department to deliver the three core functions of public health and the Ten Essential Public Health Services. PHAB requires completion of a CHA and a CHIP as two of three prerequisites to accreditation program application.



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